

# GLANCE

EVENTS & LIFESTYLE

NIG.



**The  
Hot  
Affair**

**Single?  
Survive  
val's day**

**The  
Lust  
List**

ISSUE NO. 8



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# GLANCE

## MAGAZINE

FOR YOUR

- EXCLUSIVE INTERVIEW
- EDITORIAL FEATURE
- BIOGRAPHY PROFILING

- EVENT MANAGEMENT
- EVENT COVERAGE
- EVENT SHOWCASE

- ADVERT PLACEMENT
- BRAND PROMOTION
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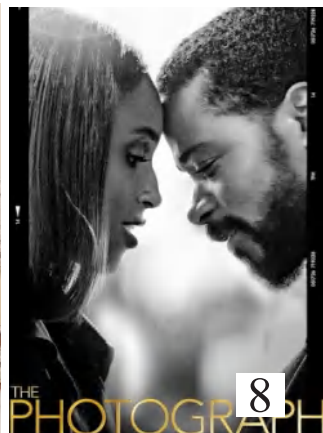
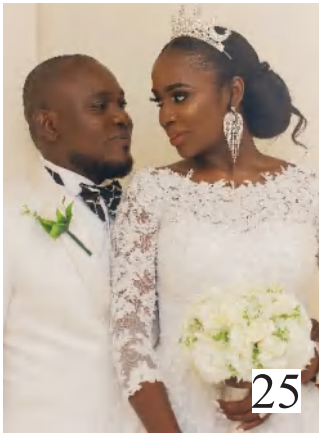


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@glancenigeria



# Letter from the editor

We are excited to bring you our valentine issue. The 8<sup>th</sup> edition of your favorite events and lifestyle publication.

It's the **LOVE** month, and so our contents revolves around love and marriage. Not leaving out fashion, movies, travels and more.

At this point, please turn to the next page and enjoy the rest of glance magazine.

Happy valentine.

*Maureen Kennedy*  
Editor In-chief/Publisher

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by Maureen Kennedy.

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Being published in Glance Magazine exposes your work globally, leading to more opportunities from the exposure.

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DESTINY NOLIMS



QUEENITEE



SUNNY MARTINS



MOTIVE



**W**ith the stress reaching its peak and running around every day getting everything done for the big day we all know how hard the pre-wedding blues can hit brides-to-be it's a tiring process but a bride shouldn't forget the beauty essentials in preparation for the wedding and that's why we are here to remind you of the pre-wedding beauty tips for all the gorgeous Brides out there.

#### **MAKEUP WIPES**

Using wipes to remove your makeup is not just an essential, it's actually very unacceptable if you don't do it because you'll be putting your skin at a high risk of damage blemishes and dark spots.

#### **FACE OIL**

Beauty tips will not be fulfilling without a magical face oil and other exceptional oils to nourish your skin and give your face a glowing lift.

#### **FACE MASK**

A good mixture of organic papaya honey and almond oil will brighten your skin, produce scars and remove discoloration blemishes and dark spots in no time.

#### **EYE CREAM AND TEA BAGS**

Tired eyes should not be neglected another outstanding treatment for the bright eyes is using a tea bag to reduce the very unnecessary dark circles, puffiness and redness.

#### **WATER**

Don't underestimate this one staying hydrated is a priority when it comes to beauty tips and taking care of your skin especially when it tends to be forgotten during the Hustle. Drinking water gives you a radiant glow and eliminates the chances of blemishes.

#### **NAIL POLISH**

Before all the glam starts on the big day itself your nails should be taken care of as a preparation in addition to growing and strengthening them use the mixture of vitamin B and calcium.

#### **NIGHT CREAM**

A lifting night cream is what your skin really needs at the end of the day so before you have your beauty sleep try to use a good night cream to lift and tighten your skin as well as reduce unwanted wrinkles and leave a firming effect before your wedding day.

#### **LIP BALM**

Your lips are very important and they are very easy to dry out, a good shea butter lip balm will reach and hydrate your lips.

#### **SLEEP**

It might seem unimportant but you really need this after the long-term process and wedding preparations. Beauty sleep is an essential to rest your eyes, face and skin.



*Celebrity Zone*

# SANDRA OKUNZUWA





# 25

## QUESTIONS WITH **SANDRA OKUNZUWA**

**Tell us about Sandra Okunzuwa; what's your story?  
Where you're from, age, educational background.**

My name is Sandra okunzuwa, I am from Edo state, I am a lawyer. A graduate of university of Benin where I got my Bachelors Degree in law, I also attended the Nigerian law school where I got called to the Nigerian Bar.

**We have seen you take on interesting roles and you wear your character so well.**

**Is it usually difficult fitting into a particular role?**

it's really not difficult for me fitting into any role yet. As a kid and teenager I have always played different personalities with my peer group, siblings, families and kitchen plates. Weird right? but it's the truth. As a very observant person I observe people's characters and personalities a lot. This helps me to get into any role ones I have an idea of who the character is.

**What attracted you to begin a career as an actor?**

Right from my childhood I had always loved entertainment. One thing that attracted me into acting aside from watching great actors on screen, was the idea of fitting into different people's life, personalities and experiences. I want to feel what they feel , love what they love and want what they want. I just want to bring what's written to life.

**What is the one thing, people will be surprised to know about you?**

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# THE LUST LIST



**RED LIPSTICK**



**SEXY DRESS**



**HEELS**



**PERFUMES**



**LINGERIE**



**WINE**

# Moviedom



On the brink of breaking up, a couple gets unintentionally embroiled in a bizarre murder mystery. As they get closer to clearing their names and solving the case, they need to figure out how they, and their relationship, can survive the night.

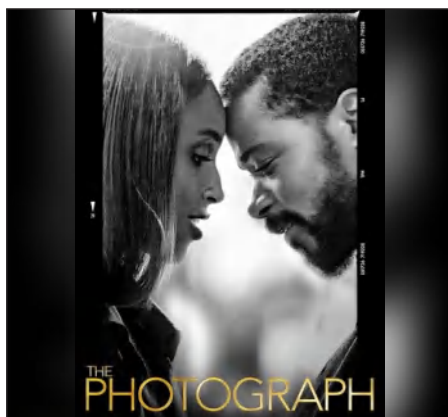
Release: 19 March 2020



The Kissing Booth 2 is an upcoming American teen romantic comedy film, directed by Vince Marcello, from a screenplay by Marcello and Jay Arnold. It stars Joey King, Joel Courtney and Jacob Elordi, is a sequel to the 2018 film The Kissing Booth.



All the Bright Places is an upcoming American romantic drama film, directed by Brett Haley, from a screenplay by Jennifer Niven and Liz Hannah, based upon the novel of the same name by Niven. It stars Elle Fanning and Justice Smith. It is scheduled to be released on February 28, 2020



When famed photographer Christina Eames dies unexpectedly, she leaves her estranged daughter, Mae, hurt, angry and full of questions. When Mae finds a photograph tucked away in a safe-deposit box, she soon finds herself delving into her mother's early life -- an investigation that leads to an unexpected romance with a rising journalist.

Release: 14 February 2020



# *Features* HOROSCOPE

## ARIES

Group and friendship activities will bring a lot of pleasure in January. Someone you meet at a cultural event will make you an exciting offer and this could put you on the path to fulfilling a childhood dream. You positively radiate charm and the spotlight will be on you in the spring. Friends will seek you out for your company but don't lose sight of your nearest and dearest. Celebrate a loved one's good fortune in June. The summer is a good time to strengthen your bond with your amour. Take a romantic holiday. This is your chance to form the loving relationship you deserve. An unusual friendship will keep you on your toes as the year ends.

## TAURUS

Let your romantic partner indulge you in January. You're putting a lot of energy into your relationships and you'll get a great deal of gratitude in return. Receiving tender loving care from others will feel good, both physically and emotionally. Are you single? An intense romantic encounter will make you dizzy with excitement in the spring. Travel with an adventurous friend will fuel your imagination in the summer. Romance and regular social outings will make life interesting in 2020 and mixing things up in the bedroom will add a welcome dash of spice to your relationship.

A positive attitude could inspire a group project in January. You're extremely talented and being put in charge of an important venture will bring out the best in you. You ooze charm and charisma so you will have no trouble attracting would-be wooers. Someone who was indifferent to you in the past will become an ardent admirer. News of an engagement or marriage in June will give you an exciting social event to look forward to. Use this as an excuse to splash out on a new outfit. Prepare for some fun and passionate encounters as the year ends.

## CANCER

You could do some impressive work on a joint project as the year begins. Your creative approach will inspire your family and friends to want to join in. The spring is a good time to be open to new experiences. Travel and hobbies shared with friends will remind you there is more to life than responsibility. You could be facing a romantic rival in June and you will handle the situation well. – Cream always rises to the top. Taking a trip to a romantic hideaway with your amour in August will be good for your relationship. A passion packed proposal in December will feel like a dream come true.

## VIRGO

Connecting with people in your community will increase your versatility in January. Helping vulnerable people will also give you a sense of purpose. Life is meant to be enjoyed so don't feel guilty about making romance and having fun a priority in February. Are you single? You could meet someone special at a professional seminar in the spring. Their accomplishments will impress you. Pour your energy into activities and hobbies that make you happy in the summer. You will experience true intimacy on a journey in September. Let your amour lavish you with love as the year ends.

## LIBRA

Be more assertive about what you want in January and your success will soar. A loving relationship will feel right for you in February. You will be making a serious commitment in the summer and this will be an empowering decision. An older relative will disapprove of your romantic choices but it doesn't matter what other people think. You have found the person you want to spend the rest of your life with and you have a right to make your own choices even if this goes against the wishes of your family. Are you single? A dream holiday will put you on the path to romance as the year ends.

## *Features*

### SCOPRIO

A business or romantic partnership formed in January will be extremely successful. Together you can build a lifestyle that is mutually fulfilling. Are you single? You will find the perfect partner for you at a spiritual or cultural gathering in the spring. Working on a creative project with your best friend or lover will give the stimulation you crave in the summer. Thanks to your encouragement, your partner will surpass their own expectations. A romantic holiday will be on the cards for the autumn. This will be a transformative experience. Volunteer work will pave the way to special friendships in December.

### SAGITTARIUS

Make love and romance a greater priority in January. If you have a crush on someone, confess your feelings. A loving relationship will give you a new lease on life. Going on an adventure with your amour will be fun in the spring. With their support, you will find the courage to pursue your dreams. Are you single? You could cross paths with an attractive person while travelling in the summer. A candlelit dinner for two will be paving the way to a special romantic proposal in November. News of an engagement, birth or adoption will be cause for a family celebration in December.

### CAPRICORN

If you're looking for ways to show your affection, do something special on your partner's behalf. Taking some duties off their plate will strengthen bonds of intimacy. Romantic evenings and get togethers will deepen your feelings for each other. With Jupiter in your sign, you will be lucky in love and won't lack for admirers. If you're longing for love, falling in love at first sight is a strong possibility in the summer. Developing a creative project with your amour will keep you both pleasantly occupied in the autumn. Choose a peaceful destination for a romantic break in November.

### AQUARIUS

Go with it if you feel inspired to steer a platonic relationship into romantic waters. Friendship will quickly turn into romance. You radiate love and positive energy and this makes you a popular figure. Going to an engagement party or wedding in June will be lots of fun and this is a great chance too, to have fun with friends. Your amour will be planning a trip to visit a glamorous city in the summer. It's always important for you to enjoy regular cultural pursuits. Your outgoing nature will make you a big hit on the social scene in December.

### PISCES

It doesn't matter what other people want, expect or demand from you, it's important to put yourself first as 2020 begins. January's a good month to enjoy relaxing activities like listening to music, reading and spending quiet nights in at home. New skills aren't the only things you will acquire at an evening class or workshop in the spring. If you are single and longing for love, you will find it when developing your creative talents. A change of scenery will be most welcome in the summer. Your amour might surprise you by whisking you off to a seaside resort. Playing hard to get could backfire in the autumn. If you fancy someone be honest about it.



# BLACK VAL

Written By Oyebisi Oyelami

Toni turned on her bed as the morning rays entered her room, she murmured some curses and opened her eyes before turning to her bedside clock. She smiled happily when she saw the time, in two hours at exactly ten in the morning, she would get to see her boyfriend.

It wasn't the fact that the day was Valentine and they get to spend it together that aroused her, it was the fact that she was going to see him after three days. She couldn't grasp the rationale behind his allude that they do without each other for three days and only get to see after on the forth day, when they were just few blocks away. But; she had agreed just to please him.

The three days had elapsed and it turned out they get to see on valentine. 'Who knows, he might be planning a surprise for me and doesn't want me to spoil it by coming to his place before val, he might actually want to propose,' she thought excitedly to herself as she jumped out of bed.

"Good morning Dad, Good morning mom and happy Valentine," she greeted her parents enthusiastically as she joined them in the dining area for breakfast. "Hey Tade, what's up?" she turned to her younger brother who gave her a thumbs up.

"Morning honey," her mother replied while her father nodded. "I checked on you when I woke up, but you were still deeply asleep, I guess it was due to your staying up late last night." She smiled at her.

She nodded, taking her seat beside her mother impatiently. She toyed with her food, not really eating it out of excitement and anticipations. Her imaginations running wild, what her reaction would be when he proposed and the type of ring to expect, she sure do deserve a proposal after four years of dating.

"What's wrong Olatoni?" Her mother asked, observing her lackadaisical attitude to her meal. She could tell something was up right from when she was walking towards them, her steps and the tone of her greetings definitely gave her away.

"Nothing mom, I'm fine," she replied grinning from ear to ear.

"Why don't I believe you?" her mother laughed. She knew whatever it was, there was no cause for alarm.

"Nothing really mom," she smiled her eyes darting between her parents and brother. "It's just that I think Josh might propose today."

The table went silent, her parents shared glances and her brother gave her the 'are you serious right now' look, but she was too happy to notice.

"Olatoni darling," her mother coughed. "How sure are you he would propose?"

Toni flaunted her left hand, beaming with happiness. "Well, he requested we shouldn't get in touch till val, three days ago and with the look in his eyes that day, I could tell he was planning something special and he knows nothing would be so special to me right now other than a proposal."

Her brother shook his head, obviously thinking his sister has lost it. "Dear sister, guys don't think like you ladies do, dude might not even think of proposing in months."

Toni scowled at her brother. "Shut up."

## CONTINUE READING ON

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# SINGLE? SURVIVE VALS DAY

Valentine's Day? URGH! Just the most "URGH" Day of the year for most of us. (The single ones). There are so many things to consider, what does one do? Stay in and watch some sad movies? Hide under the duvet? Treat yourself to some ice-cream? We understand you might feel terrible being alone on such a lovey-dovey day. But, really, complaining does nothing to fix the situation and you'll end up feeling worse. Complaining to friends and family members can make them feel bad, so you're helping no one, really. If necessary, stay away from your social media and TV, and do something to take your mind off it. Considering the fact that, Valentine's Day is quite an ordeal for single people. We have put together a few tips to get through the day'

## **Treat yourself**

A spa, massage, or binging on your favorite foods for a day can help you feel better; much better than complaining and feeling low. Entertain yourself; indulge yourself on things you like but can't experience on most days.

## **Clean and organize your space**

Whether it's your room, apartment, or house; some cleaning can help you to feel better. Feeling better equals less negative thought; which results to a happier day!

## **Bond with other singles**

You'd be surprised to know that there are so many other singles out there feeling the same way as you do, and would be happy to spend time with you during Valentine's Day. Check your social media accounts several days before the D-day to see if there's any group meeting or better, party, thrown. If you cringe at the thought of spending time with strangers, hit up your friends, family members, or basically anyone you know that wouldn't mind spending time and become your object of affection of the day. But, be careful...

## **Avoid braggers and couples**

They are your worst enemies! While some of your friends may unintentionally over-share their love life with you, it can hurt twice as much when it's Valentine's Day. Choose your companion wisely during Valentines, but spend time with them afterwards.

## **Get ready for next year's Valentine's Day**

If you feel like dating, or just seeing someone, try to put on effort on dating and meeting people. Blind dates, dating apps, as well as self-improvement can do much. If your friends offer to introduce you to someone they know, don't be so quick to turn them down. You never know, probably the love of your life is just around the corner!

## **Be satisfied**

However, if your circumstances don't allow you to date, or you choose not to; there's nothing wrong with you. Your self-worth isn't define by the existence of a partner; or the lack of thereof. There's no need to rush! Stay happy regardless of your relationship status.

## **Stay off social media**

Don't even think about checking it for a day or two. You will be bombarded with images of people and their significant others celebrating Valentine's day, influencers promoting Valentine's day gifts, and other content that will give you FOMO. If you want to compare your relationship status to others and feel worse about yourself, then social media will do that to you!

## **Write a love letter to yourself**

Jot down all of the qualities you love most about yourself. This is a great way to remember that you have inherent worth that isn't defined by external relationships. This is also a great opportunity to reflect on all of the growth you've done while being single and independent.

## **Don't's**

DON'T listen to ANYTHING by Adele!  
DON'T drink a bottle of wine and look through social media to see what your ex is up to.  
DON'T stare at yourself naked in the mirror and point out every flaw in your body.  
DON'T drunk text your ex.  
DON'T put yourself down for being single  
DON'T go to an Anti-Valentine's Day event. Too negative!  
DON'T binge-watch Netflix.  
DON'T feel remorse over your life choices or things that have occurred. You are EXACTLY where you are supposed to be.

Just because the world is focused on Valentine's Day doesn't mean you have to. You have goals, dreams, and things to do, continue to carry on. Don't be distracted by a holiday that benefits retailers more than consumers. Play your favorite song and keep moving, do what you normally would do any other day. Let your life be moved by the tune of the happy song in your heart regardless of what day it is.



# VALENTINE

# VOX POP



Valentine, to me simply means love and care. Valentine's Day is a day to be happy and to show love to your friends, family, and everyone you care about. It is a day to put 'special' smiles on the faces of people (e.g. orphans, motherless babies, and sick people) or, someone you care so much about.

**Ugwuoke Judith a.k.a Kimberlywest**  
Enugu State, Nigeria.

This year's valentine's day means something entirely different from past valentine's day, it's not just about date night or exchanging gifts with my significant other. It's about true love, the kind I never felt until I became a mom. Valentine's day this year is a day to reflect and celebrate the true love Victor and I share and how that love has given us our perfect little angel.

**Ashley Siokwu**  
Portharcourt, Nigeria

**W**ell it's here; that one day in a year that guys and girls can express their admiration and love without fear of sounding corny. Of course we are talking about Valentine's Day! a day when cards chocolates and flowers are rushed to those we care about all accompanied by that popular term of endearment be My Valentine?

But how did Valentine become the term we so recognizably associate as a pledge of affection? What does it actually mean?

We let some of our readers share what Valentine actually means to them.

It means nothing.

It's obnoxious that we have chosen \*one particular day\* to be sweet to our significant other.

A day riddled with financial & emotional expectations that stress both people.

It's sickening. The red and white colors. The sick scent of fake love in the air, the fornication that must happen that night in appreciation of the gifts received...

When love is supposed to be celebrated every single day between the 2 people.

I'm still going to celebrate it this year though. Just wish it wasn't so annoying.

**Kezia Irek**  
Abuja

Personally, Valentine's Day is an opportunity to show love. Exchange of gifts between loved ones. And it doesn't have to be in a romantic way.

**Olamide Kennedy**  
Ilorin

To me, Valentine means appreciation.

Valentine day amongst other days is the day I express more of my love and appreciation in words, gifts and actions to certain persons who have cared and showed me love.

**Sophia Eyo**  
Abuja

Valentine to me means a day to celebrate love, show compassion and extend kindness. Although love ought to be expressed 365 days, But is just a day set aside to celebrate love.

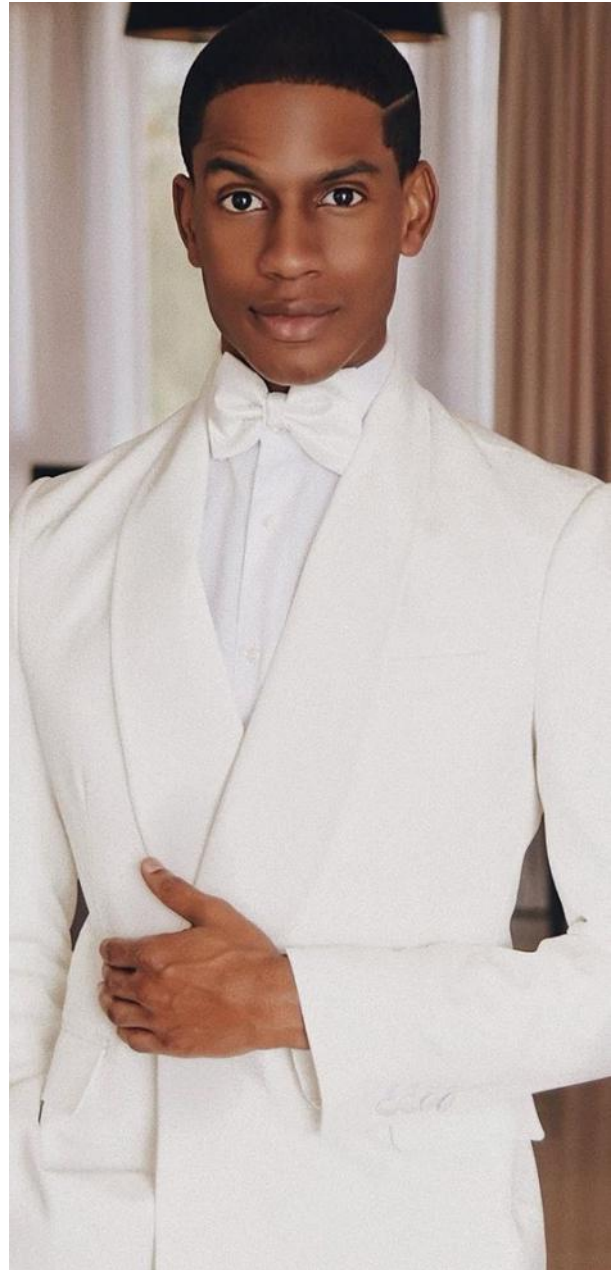
**Daniel Whyte**

I believe almost everyone knows the story about the celebration of Valentine's Day. For me, it goes beyond showing affection to your partner or exchange of gifts. Look around, the world needs lots of love and kindness. The habit of love should be cultivated everyday but Valentine's Day is a special day to make someone feel special. Reaching out to someone can change a lot or save someone. That childhood friend, a grandparent, the little boy on the street. Etc. This tiny gestures goes a long way.

**Uche Ezenwankwo (Sophia the Promoter)**

*Fashion*

# *Suit Up With*



# DENOLA GREY







# VALENTINE GIFT IDEAS

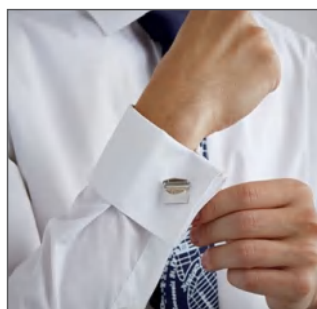
Valentine's Day gifts are all about knowing your partner. The classic chocolate and boxers are a good start, but an extra-thoughtful present is something a little more strategic. We rounded up 10 of the best Valentine's Day gift options to make sure your significant other feels the love, no matter what they might be into. There's something for everyone in here.

## For Her:

Lace bra, Satin Pajamas, flower arrangements, gold pearl earrings, chocolate box, perfume, necklace, lip stain, beauty box

## For Him:

Personalized airpods case, champagne, bracelets, Cologne, breakfast in bed gift basket, custom Cufflinks



Congratulations what better way to ring in a new chapter than with an indulgent fabulous honeymoon? Once you've picked a destination and booked that honeymoon suite, there is one big to-do left on your list: "packing". But no worries. We've got you covered.

Her

Tops (camis, T-shirts, dressy tops, light jumpers)

Cardigans or shawl (for keeping warm on chilly evenings)

Bottoms (trousers, shorts, skirts)

Dresses (including evening dresses, you can't beat a LBD!)

Lingerie, Sleep wear, Bikini and swimsuit (one-piece for water sports etc.)

Jewellery and accessories, Evening bag or clutch

Shoes (flats, sandals, heels, wedges, flip flops, comfortable walking shoes)

Socks, Light jacket

For Him

Tops (T-shirts, dressy tops, shirts, light jumpers)

Blazer (for dressy evening meals)

Bottoms (trousers, shorts)

Underwear, Sleep wear, Swimwear, Accessories

Socks, Shoes (dress shoes, flip flops, walking shoes), Light jacket

# PACKING ESSENTIAL FOR HONEYMOON





# THINGS EVERY GENTLEMAN SHOULD OWN

By Sunny Martins

1. Make shoe contact before I eye contact, you can judge a man by his shoes

The one shoe every man should own is a black lace-up. You can dress it up or dress it down; it'll work with everything from jeans to suits. And that's the thing—don't think of it as special-occasion footwear.

2. The classic white shirts

If there's one item of clothing that absolutely must be in every man's wardrobe, it's an impeccably tailored white shirt. The white shirt is the ideal multitasker, the ultimate in simplicity and versatility. It works in any social situation. White shirts easily are dressed up or down. Worn at any occasion from business meetings to weddings, casual dinners, or a night out with friends. This all-purpose garment is a smart style choice.

3. A Serious wristwatch

The first (and frequently, the only) jewel a man owns, the watch is an inestimable friend every gentleman should own. but I'll try to make things easier for you. First, consider the main use of your watch: is it for professional wear? Evening wear? Weekend wear? There are watches that may be worn in most occasions, but as a rule of thumb think of the dial and the strap.

Go for the best watch your budget allows

4. Classy Belt

Belts are a necessary investment that all adult men usually make.

One of the small details of your quality wardrobe, good belts made of real leather are like dress socks and good shirts. When you don't have them, people notice, especially if you've taken the time to have a suit tailored. One or two belts will stand you in good stead and last for

years.

5. A Signature Scent

For men cologne is very important. It's as important as the shoes or the shirt that you wear. Not only does it make you smell good and even more attractive but it also reflects on you as a person.

Having a signature scent is a part of building the complete man idea with the people you meet.

Take time to experience what's out there and find one that is uniquely you.

6. A Bespoke Suit

A Suit is perhaps the biggest investment for a man's essential wardrobe. You can opt for either a two-piece or three-piece design in a variety of materials, colours and silhouettes suited to any specific occasion. And you can get it tailored to your exact body measurements, ensuring a design that is unique and bespoke to only you. Today suits have been reworked from the classic shape to include longline blazer designs, cropped trouser lengths, rolled cuffs and brocade suit jackets. But as we're talking about only the closet essentials there should be two suit designs you should most definitely own that will carry you from work to play.

7. Pen For Stylish Men

There's more to your aesthetic than just the clothes you wear.

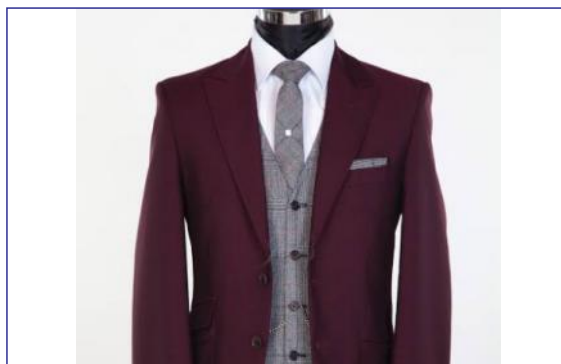
A man of distinction needs the right tool for every job, so why settle for cheap plastic pens that glob ink all over your important papers or dry up at the worst possible moment? Having a pen that works for you when you



need it not only shows your professionalism, but can make writing by hand all the more comfortable.

## 8. SUNGLASSES

Sunglasses are both practical and timeless. They were first created to protect eyes from all the harmful rays of the sun. Nowadays, sunglasses protect eyes just like in the old days. However, they are more often used plainly as statement pieces to showcase one's style. Some people own numerous pairs so they can match the right pair of glasses with the occasion, their outfit, and their mood.



## 9. Men Bracelet

One of today's most wanted men's accessories is bracelets. Men's bracelets are an increasingly sexy accessory for any casual or formal style. They can improve your style significantly, or bring the much needed slight enhancement and persona to complete your outfit. They can be worn separately or by combining a few to create a classy set.



## 10. Travel Bag for Men

Whether you're headed out for a long weekend, a quick business trip, or a trek around the globe, having the right bag makes all the difference. With a mind toward function, ease of use, and of course style we've rounded up the most efficient, best looking bags to make your in transit life better.



# THE HEALER WHO NEVER GOT HEALED

By Destiny Nolim

**A**t heart we all have the capacity to heal ourselves and nurture others. Spirit, energy, thought, intention, skillful practice and belief are available to all. Yet as individuals we experience life force which brings us on different paths to troll.

I have always known that I am a healer. As a child, I was thoughtful, inquisitive, dreamy, and extremely nurturing. I remember caring for my neighbor's kids, caring extensively for my toys and also my friends and stranded insects that got caught in spider's web and caring a whole lot about the bigger picture of life. I was always worried about tomorrows and not today's.

I live in a very big fantasy world. I love love, I love to love and I love to be loved. My caring and kind nature turned out to be my weakness. I have experienced hurt, pain, emotional trauma and need I say depression. I have yearned for love like Cinderella and the Prince, Anastasia and the Prince, Snow White and the Prince, Rapunzel and the Prince! Not like I have not experienced love though, I have but it's not always with the *happily ever after* end of story. Rather it ends with the heartbreak. I have had so many stories to tell but who is ready to listen to this loner.

Growing up I was showered with so much love and care from my parents. I was adored and treated like a princess that I am and always will be. But I never felt loved by family (relatives, friends etc.). I was and I am still the only child of my parents, though pampered but not spoilt. I grew up knowing that I give out love but receive pain, I heal people but can't heal myself. I only knew what love entails from what my parents showed me and I was ready to give out more to someone out there, but the more I gave out positivity, I get negativity. And that got me asking myself; don't I deserve love from the outside world or will I only remain a healer and not the healed?

My very first love experience was almost

perfect but death took him away from me within 8 months of our relationship. It took me 2 years to pull down my walls and try love again but I got another shocker within 4 months, he bailed out giving some flimsy excuse.

I made efforts for him, and I was his motivator and support system. Unfortunately he slammed me hard one fateful night when he told me bluntly via chat that it was over and blocked my lines almost immediately. I felt totally rejected but then I picked myself up and moved on (1 year gone, Dude came back; of course he got a shocker).

3 years off the lane of relationship and love or even getting acquainted, Hugs happened. Not like I never had men flocking around me, I felt no man was able to connect with me on an instant wave. With **HUGS**, a simple hi ignited the flame.

24<sup>th</sup> September 2019 was the day he accepted my request and our first Facebook chat is still stock in my head. Though I was the one who sent the request and it was on the basis that he was a face I saw during my college days (2007 – 2011) but words never flowed between us neither did eye contact roll. Beamed with so much excitement and blushes, I waved at him via chat; and then came his first line of hello. Well the connection ignited, and we moved to a more comfortable and accessible platform Whatsapp. My first word to him on whatsapp was, "I am going to change your name to HUGS, because you send me lots of huggie smileys." He accepted it and was totally cool with it. HUGS turned out to be our name.

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Entrepreneur

# SOPHIA THE PROMOTER



## WHY ARE YOU IN BUSINESS?

I am in Business because I have service to render to my customers, clients and at the same time to earn a living. Nothing really compares to the feeling I get when I find out people actually enjoy the services I render. The feedback I get gives me this addicting feeling to keep it going.

## HOW DID THE IDEA OF YOUR BUSINESS COME ABOUT?

As an online business owner, i saw the challenges many vendors go through, especially with low visibility and poor sales on social media. Sophia The Promoter was borne to help online vendors overcome the challenges of poor visibility and drive in sales through targeted advert and engagement groups.

**WHAT HAVE BEEN SOME OF YOUR FAILURES AND WHAT HAVE YOU LEARNT FROM THEM?** So far it's been an amazing journey. I can't call them failures but challenges and one of them is working with so many business owners and most times following rules and doing some certain things becomes an issue. But I have learnt to be more patient and compassionate with each individual to help achieve our collective goals.

## HOW MANY HOURS DO YOU WORK IN A DAY?

As an online business owner there is no specific number of hours. I work daily because the work load differs but approximately I work for as long as 17 hours some days.

## HOW DID YOU FUND YOUR BUSINESS AT STARTUP?

starting an online business does not require an intensive capital, rather it requires dedication and consistency.

## WHAT SACRIFICES HAVE YOU HAD TO MAKE AS AN ENTREPRENEUR?

The journey of entrepreneurship is a long and tough road. All the long hours and sleepless nights in the delayed gratification but on the long run, it's been worth it.

## WHAT HAS BEEN YOUR MOST SATISFYING MOMENT IN BUSINESS?

Seeing business owners achieve and surpass their targets, gives me a great feeling of satisfaction! And then getting recognized for my efforts and contributions, those moments are priceless.

## WHAT'S YOUR DEFINITION OF SUCCESS?

Success for me, is achieving or smashing set goals.

## DO YOU THINK SOCIAL MEDIA AND TECHNOLOGY WILL IMPACT THE WAY YOU DO BUSINESS IN THE NEXT 5 YEARS?

Social media has come to stay and it's impact on the 21st century business owners cannot be over emphasized. Everything evolves around social media and any business not using this platforms positively still has a very long way to go. Social media keeps evolving through the basics and remains the same. In the next five years the impact of social media and technology on every business owner would be enormous.

## WHY DO YOUR CUSTOMERS CHOOSE YOU OVER YOUR COMPETITORS?

Sophia The Promoter is a brand that is passionate about seeing every legit online business owner succeed. My customers chose me because I am committed to adding a touch of excellence and every detail matters. They see that I go an extra mile to ensure that their products/services get to a huge and wider audience.





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# THE HOT AFFAIR

## HOW WE MET:

### By the Groom, Hope Obeten

When I got the invitation to join other top media personalities on a panel session at the 2<sup>nd</sup> edition of Calabar Entertainment Conference organized by Hit FM Calabar, little did I know It was about to be the end of a search for me, I found my missing rib!

As a panelist at the conference, I was seated at the front roll and in my usual manner minding my business, but these two ladies seated right behind me won't let me concentrate with their chit-chat and loud laughter, so I turned to caution them but wow, I got more than I bargained. I was struck by Mina's charming beauty, immediately I set my eyes on her.

I turned to my friend sitting next to me and told him "Brov, this girl behind me is extremely beautiful", He encouraged me to get her number, I told him, No, I can't be seen doing that in public.

Deep inside of me, I knew I wanted to have a conversation with her but the gentleman in me wouldn't let me. I left before the event ended without saying a word to her with the intention to search for her on social media (FBI mode activated Lol) but again, I don't even know her name!

As fate will have it, a few days later after the event, someone tagged us (My blog @CalabarBlog1) to a video on Instagram. And guess what...? It was this fine sister from the event. She made a video of me while I was speaking during the panel session.

As a correct guy, I quickly slide into her DM and asked her to send the full video to my Whatsapp number. She was nice enough to obliged without asking questions.

On Whatsapp things got quite interesting, we became friends that chatted every day, we had the most beautiful connection like we had known each other for years.

Each day she showed me kindness and genuine friendship, even when I wasn't looking for it because, at that time, I was in another relationship.

When it was time to take things a notch higher, I asked her on a date—one that she stood me up.

We continued the friendship that blossoms into deep love without me officially asking her out again.

Fast forward to 5 months later, I was convinced I wanted to spend the rest of my life with this lady.

So on her birthday, I asked her to marry me and she said yes. So far, she's been my rock, my best friend and she gives me the peace of mind I require to succeed. I couldn't have asked for a better wife. I am truly grateful to God for sending me an angel. She was worth the wait and I'm glad I went through some terrible relationships to make me truly appreciate this gift God has given me.

## HOW WE MET:

### By the Bride, Mina

Do you know the truth about this love thing? You don't plan to love when to love, and who to fall in love with, it just happens and your heart has to be open enough to take whatever package comes with loving someone.

It's also funny how life puts us in a situation where you suddenly fall in love with a total stranger and next thing this stranger becomes family and next you can't live without them (smiles)

Cupid, (that's what I call him) and I met not too long ago, we both attended an event (Calabar Entertainment conference) where he happened to be one of the Panelists on a session

He spoke so well at the event about how social media has influenced people's growth in the entertainment industry and so on. While he was speaking I made videos of him and other speakers.

Funny thing is after speaking he came and sat just in front of me but we didn't talk to each other, the next day when I got home I posted the videos from the event on my IG stories and tagged all the speakers. I tagged his blog (@Calabarblog1),

## THE HOT AFFAIR

so well, I didn't expect a reply from them though but the handler was like "Hello, Could you forward the video to our WhatsApp" and i'm like Ok!

From forwarding the video, the conversation started, we got to know ourselves better, he was always seeking my attention, he always wanted to talk to me and see me but I was trying to restrict the conversation because I thought he was married ( He seemed married to me) until one day when I asked him if he was married and he replied with "What do you think?" that was when he told me he was very much single.

We continued talking without seeing each other for weeks. I remember him asking me out on a dinner date, I told him I was coming but ditched him afterward.

We became very good friends eventually, we became fond of each other, we spoke more often, he doesn't like to talk for long on the phone but we started talking for hours without getting tired of each other. There wasn't any formal asking out oh. We just grew to love ourselves each passing day. Life has been all shades of awesome since he came in, His words of wisdom and encouragement have kept me going, his gentle, and meek soul gives my spirit rest. Spending forever with you CUPID is the wisest decision I've had to make because I know with you I would fulfill purpose and live happily ever after.

### OUR PROPOSAL STORY

By the Bride, Mina

It happened on the 22<sup>nd</sup> of March, 2019 (My birthday). A week before then he discussed with me that he was traveling to Abuja and will not be around for my birthday. I wasn't cool with it and definitely made me feel sad but since it an official engagement I just had to deal with it. Before he traveled he took me to a boutique to get a dress of my choice as a birthday gift and had my nails done...little did I know it was a script

On the eve of my birthday, my countenance was very low, even my Mum (who I later got to find out was part of the plan) used everything opportunity she had to tease me, In her words; T-girl, you looked Hopeless as Hope traveled and left you.

On my birthday morning, I had no plans. I got a call from Hope's friend's wife that she has booked a makeup session, about the same time another of his female friends called that she had booked a Spa session at a top hotel in Calabar.

I thought to dress up in my new dress to take pictures after the makeup session. Then I called my family and a few friends for a little sit out that evening.

His two friends that called earlier book the sessions met me at the makeup studio and stayed with me the whole time.

So on our way to my planned sit out venue, His friend's wife requested to stop by Calabar Harbour Hotel to get something from her husband.

When we got there, again she requested I followed her in, I found myself walking into a dark room, the lights came up immediately I stepped in. There I saw my very own CUPID who was supposed to be in Abuja, I was so shocked that I almost ran out of the room. He held my hand and walked me through the room, I saw all my friends and family I had invited to the other venue here.

I was overwhelmed already by the birthday surprise, I didn't know there was more to it. As we walk to the end of the room, I saw the writings on the wall "Would You Marry Me?"

I'm like wow, I didn't see this coming, even though we had spoken a lot about spending our lives together, I didn't see it coming anytime but I'm glad I said YES.

Now we are set to start our journey to forever. He completes every bit of me and our story is gonna be a happy ever after.



*Event*

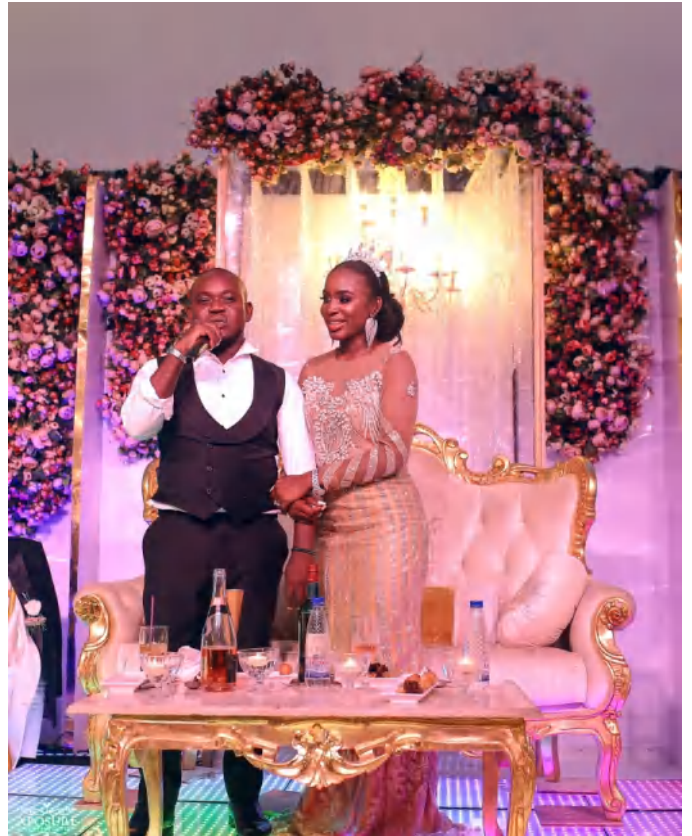
## THE HOT AFFAIR













*Feature*

# THE AFRICAN WOMAN'S WRAPPER.

By George Wonah

The African woman's wrapper, this piece of cloth like a prized jewel encapsulates her feminine essence. No event –formal, religious, traditional or casual seems out of place for her to appear enveloped in her flowery wrapper.

There is of course a variation to her appearance as dictated by age; while young and adventurous, she would wrap herself around with a single sheet of wrapper, barely covering her knees and revealing long, dark legs and beautifully shaped calf but as she gracefully ages, she would lengthen and double same fabric to The African Woman's wrapper, this highly prized possession often serves as her lingerie.

If you have had the privilege of gazing upon her narrow waist, then you know how the wrapper flows and stretches to accentuate her broad hips and expands downwards to accommodate her round, protruding behind.

Have you seen her with her wrapper knotted at the middle of her chest? The way it hugs her firm, full, voluptuous twin mounds. Look a moment longer and you would see how the wrapper slightly parts around her knees to lend you a peek the sun or any harsh element. If you have been privy to any of these sights, you would treasure the African woman's wrapper even more than she does.

The African woman's wrapper is one subliminal wonder of a fabric that can be tweaked to offer a lot more than it was originally designed for especially with a creative owner. It is not uncommon to see how it functions particularly for the market woman as a safe –yes, the ultimate safe.

At the right or left tip of her wrapper is a special knot which holds an unbelievably large amount of naira for contingencies. This safe is one that can only be 'opened' when all else fails as not even natural disaster, the threat of hunger or death can get her to unknot that part of her wrapper.

Trust me, it is almost impossible to get her to dip into that particular storage facility.'s wrapper, this piece of cloth is highly sought after and can be used as a kerchief.

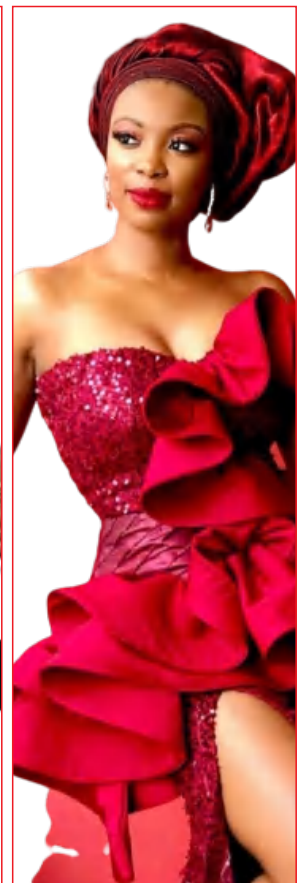
The African woman tormented by the heat of the sun would loosen one end of her wrapper, bend her head and use it to wipe the sweat off her face and that of her offspring.

Oppressed by the scorching heat, she would leave her bed, spread her wrapper on the floor, use her head scarf as a pillow and serenade herself to sleep.

With her maternal instinct in full swing, she would gently unwrap her wrapper from her waist and rest it on her sleeping child to shield it from the cold night air.

To refer to the African woman's wrapper as a mere piece of clothing would be tragic for the culprit who dares... Her wrapper is not just an apparel, lingerie, safe, kerchief or blanket, it is the symbol of her femininity, versatility, pedigree and belief.

It's the valentine season, and we love how media personality-Bolanle Olukanni experiments with bold intense reds.



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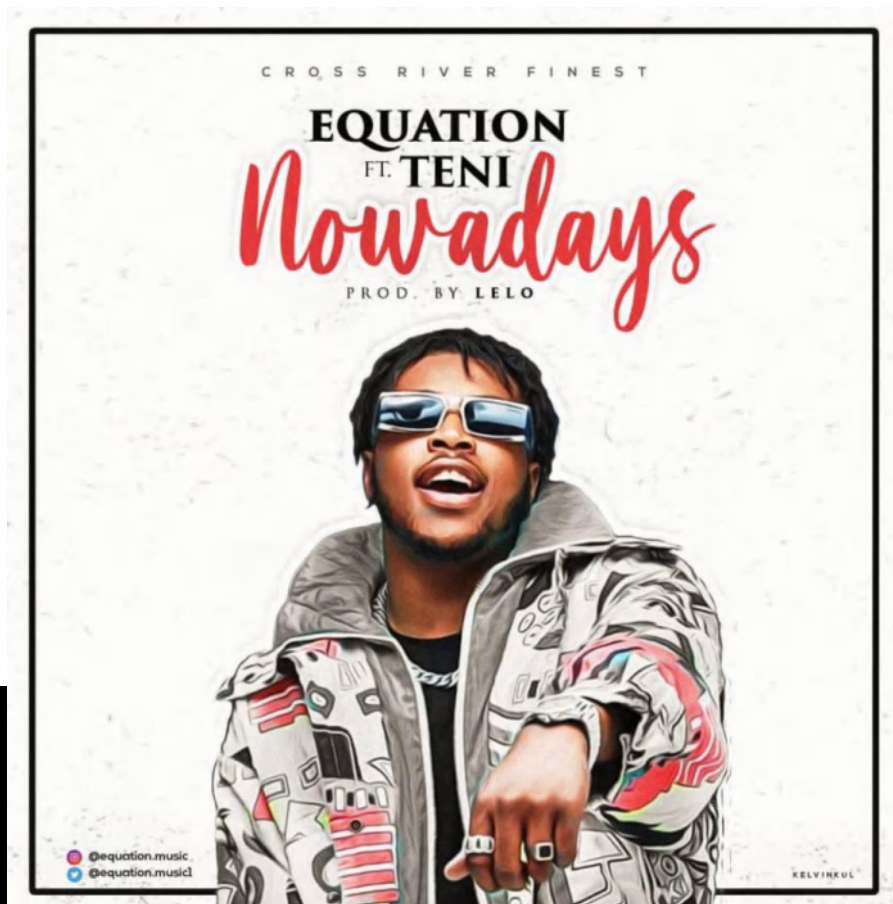
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# SPOT LIGHT ART



**M**eet Cross River Born Fast Rising Afrobeats Star, Equation

17-year-old Adam Ephraim, also known as Equation (@equation.music), is a UK born Cross Riverian, Songwriter and rapper.

He started recording music at an early age in Kent, United Kingdom, where he surpassed his peers and was given the title “BIK” (Best In Kent). Though now focused in building his music career, football remains a major part of the rapper, who was once member of the Liverpool Academy.

His brand of music is a unique blend of UK sound and Afrobeats.

The rising star has released a couple of songs including his juicy single, Faaji which is making hay in the airwaves at the moment.

He has another banging single which has recently released on Friday, 17th January, 2020 titled

'Nowadays' featuring Nigeria's top sensation, Teni. Equation is working on other major collaboration with A List artistes which will be featured in his forthcoming full album project.

He is currently under the Vanessa Bridge Management by Kese Jabari.

Check him out on IG: @equation.music @thefive.purple

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